**Book It to Your Couch 5K Progress Tracking Form** 

Use this form to log the pages you read from January 1, 2025 – March 31, 2025! Books that are partially-read

count toward your 5,000-page goal. Audiobooks and ebooks are also welcomed in this challenge – just locate

the number of print-book pages via your app of choice (e.g. Libby, Hoopla). Watch for news about 5K-related

events over the 3-month challenge period, and **submit your completed form(s) to**

**ferndalefriends.org@gmail.com by April 5, 2025** for the chance at a prize!

| **Book Title**  | **Author**  | **Date**  | **Pages Read** |
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| **TOTAL PAGES READ AS OF 3/31/2025** |  |